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# CPR St. Louis

## ACLS - BLS - PALS



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## ACLS Precourse Instructions (Required!)

This document provides instructions on how to prepare for your ACLS course, and how to access the REQUIRED PRECOURSE TEST THAT MUST BE COMPLETED PRIOR TO CLASS.

### Address for Class:

CPR St. Louis  
660 Mason Ridge Center Drive  
Suite 125  
St. Louis, MO 63141  
\*The Lutheran Hour Ministries Building

### Arrive on Time:

Please plan to arrive on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course. If you arrive later than 15 minutes after class start time you will be asked to reschedule.

### How to Prepare:

- Review and understand the information in your ACLS Provider Manual. Please review all of the sections throughout the manual.
- Pay particular attention to the following sections below listed in the table of contents:
  - Systematic Approach: BLS Assessment, Primary and Secondary Assessments
  - Acute Coronary Syndromes
  - Acute Stroke
  - Bradycardia
  - Tachycardia: Stable and Unstable
  - Respiratory Arrest
  - Cardiac Arrest: VF/pVT
  - Cardiac Arrest: PEA and Asystole
  - Post-Cardiac Arrest Care
- Throughout the ACLS provider manual there are **treatment algorithms**. There is **one for each specific condition/emergency**. Become familiar with **all** the treatment algorithms throughout the ACLS Provider Manual.
- You will be expected to recognize cardiac rhythms and understand ACLS pharmacology. These topics are not taught in this course.



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### You Must:

1. **Complete and Print** your required Precourse Self-Assessment.
2. Score a **70% or higher** on your Precourse Self-Assessment in order to attend class.

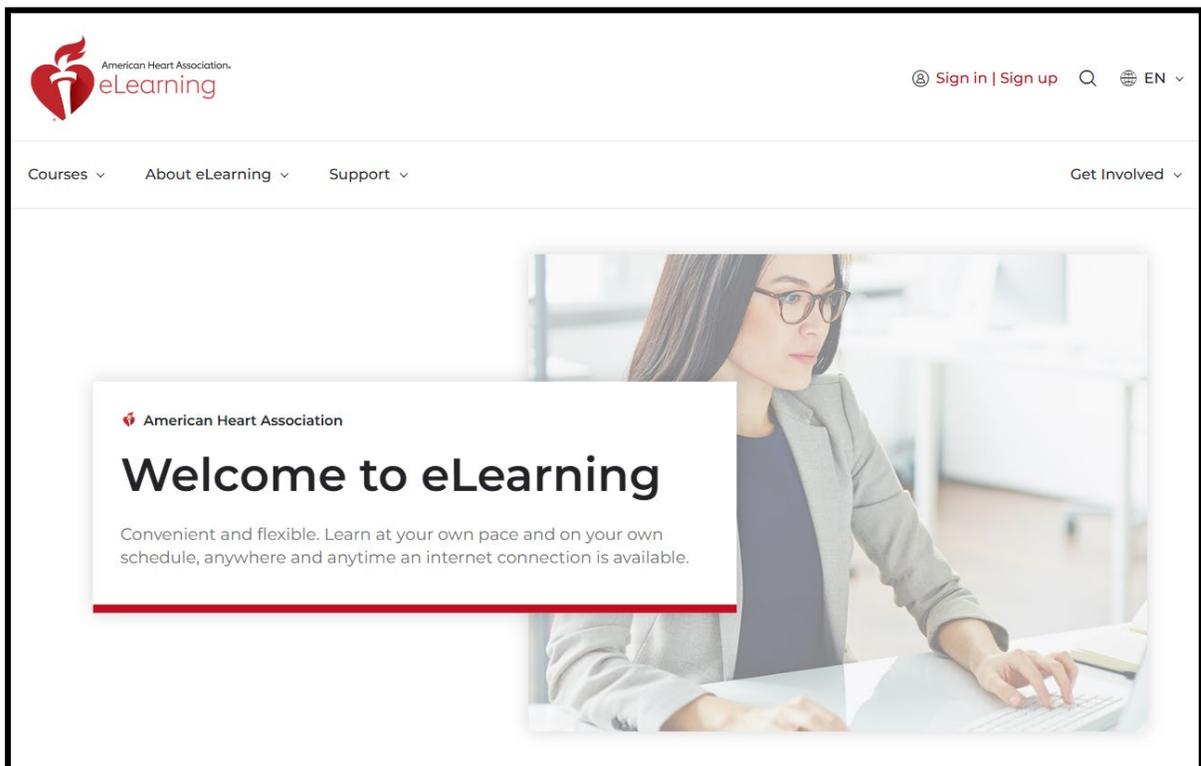
## How to Create an Account with the AHA, Access, and Complete Your Required Precourse Self-Assessment

### Step #1

Create an eLearning account with the AHA. Go to <https://elearning.heart.org>

If you already have an AHA account then login. If you **DO NOT** have an AHA account, click on the top right where it says, "Sign up". Then "Create and Account" as a New User, and Sign In.

**\*SAVE YOUR ACCOUNT LOGIN INFORMATION!**





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### Step #2

After you have logged in, this is what should appear on the screen. This will bring up all the courses offered in eLearning. Scroll Down and locate the course that says **“ACLS Precourse Assessment”** and hit **LAUNCH THIS COURSE**. **(\*NOTE: Do Not select “ACLS Precourse Assessment and Precourse Work”)**

**IMPORTANT!** If you are being prompted to watch videos you are in the WRONG pre-course assessment course.

(Course code is KJ-1921)

The screenshot shows the American Heart Association eLearning Course Catalog. The page has a navigation bar with 'Courses', 'About eLearning', 'Support', and 'Get Involved'. A search bar is present with the text '112 Results Found'. On the left, there is a 'Filter' section with various checkboxes, including 'All courses', 'Basic Life Support (BLS)', 'Advanced Cardiovascular Life Support (ACLS)', 'Instructor Updates', 'Pediatric Advanced Life Support (PALS)', 'Healthcare Professional', 'CPR & AED for Non-Healthcare Professionals', 'Heartsaver', and 'First Aid'. The main content area displays a grid of course cards. The first row shows three cards: '2020 ACLS Precourse Self-Assessment' (Free course), '2020 ACLS Precourse Self-Assessment and Precourse Work' (Not Started), and '2020 PALS Precourse Self-Assessment' (Free course). The second row shows three cards: '2025 ACLS Instructor Update'.



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### Step #3

After you launch the course, this is the screen you will see next. Click **START** to begin the assessment. Please note, you can save and return to complete the pre-course assessment at any time. You do NOT have to complete this in one session. You must save your login information to access your course again.

The screenshot shows the American Heart Association eLearning interface. At the top left is the American Heart Association logo and 'eLearning' text. Navigation links include 'Courses', 'About eLearning', 'Support', and 'Get Involved'. The breadcrumb trail reads 'Home / My Courses / ACLS Precourse Self-Assessment'. The main heading is 'ACLS Precourse Self-Assessment'. Below the heading is a 'Self' button and an expiration date of 'November 12th 2027'. A description states: 'The Advanced Cardiovascular Life Support (ACLS) Precourse Self-Assessment is an online tool that evaluates a student's knowledge before the course to determine their proficiency and identify any need for additional review and practice in 3 sections: rhythm recognition, pharmacology, and practical application.' A blue notification box says: 'Attention: Please read the course description completely before starting the course.' Below this is the 'Course Description' section with the heading 'Welcome to the ACLS Precourse Self-Assessment.' and the text 'Things to know before taking this course:'. A list of requirements follows: 'All students must complete the Precourse Self-Assessment and achieve a score of at least 70% before taking the ACLS Course.' and 'Students must print their scoring report and bring it with them to class.' A 'Resources' sidebar on the right lists: 'Intraosseous Access', 'Coping with Death', 'ACLS Supplementary Materi...', and 'ACLS Precourse Preparatio...'. At the bottom of the page, it says 'Select the START button below to begin.'



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### Step #4

After you have completed the pretest, **you must print this page** with your score. Click the "Exit Exercise" button at the upper right part of the page. Under the Action section, you can click the link to print your completion certificate.

Home / My Courses / ACLS Precourse Self-Assessment

## ACLS Precourse Self-Assessment

Self ⚠ Expiration Date: November 12th 2027

The Advanced Cardiovascular Life Support (ACLS) Precourse Self-Assessment is an online tool that evaluates a student's knowledge before the course to determine their proficiency and identify any need for additional review and practice in 3 sections: rhythm recognition, pharmacology, and practical application.

▶ Review
Re-enroll

### Action

Download [Completion Certificate](#)

### Resources

- [Intraosseous Access](#)
- [Coping with Death](#)
- [ACLS Supplementary Materi...](#)
- [ACLS Precourse Preparatio...](#)



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### Step #5

Bring **both** the Precourse Self-Assessment Result sheet above and your completion certificate shown here with you to class.

**YOU MUST** have your Precourse Self-Assessment to get your eCard.



If you do not have a printer, you can do one of the following:

- 1) Take a picture of both documents with your smart phone and bring them to class.
- 2) Email the documents to our office.

If you have questions before the course, please feel free to call us at **314-600-2075**.  
You can also email us anytime at **info@aclsstlouis.com**.

We look forward to providing you with a fun and stress-free ACLS course!